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Study of Medicinal Properties of Curry Leaves For Hair Growth: A Review

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In today's rapid development of the science and technology in the world the hair fall is considered to be one of the most important things to be worried. There are several causes for hair fall where the most common cause is due to the improper hair care, environmental factors and psychological factors. The environmental and psychological factors include pollution, toxic substances emitted from various industries into the environment, stress, emotional strains and so on. A study on hair fall in India was reported, which stated that the prevalence of hair fall is 60.3%, prevalence of dandruff is 17.1% and the prevalence of baldness is 70.8%. Many herbal plants are working well for the hair loss one such is the curry leaves, scientifically known as *Murraya koenigii* which is abundantly found in India. *Murraya koenigii* is sub-tropical plant belonging to the family of Rutaceae. It is a native plant of Asia and recently cultivated in Australia too. The curry leaves are also used as a seasoning agent in south Indian dishes for its flavour and aroma. *Murraya koenigii* reported to promote hair growth and also prevents premature greying. *Murraya koenigii* was also reported to have anti-disease properties therefore it is being used in the ayurvedic and siddha medicinal systems. Therefore, the present study focuses on the medicinal properties of the curry leaves so that curry leaves can be considered as a best source for hair growth. Thus, this review would help to develop many new hair care products using curry leaves as a major component.

KEY WORDS: *Murraya koenigii*, Hair loss, Curry leaves, hair growth, herbal hair products